LIFE MEMBERSHIP STATUS

At the recent Annual General Meeting, Life Membership status was awarded to the following:

Jo Johnson, Jean Cockerall, Patricia Reynolds and Linda Dewhurst

in recognition of their many years of service to U3A Bendigo

Congratulations to you all—very well done!

Special thanks to Keith and Jean Thompson for their tireless work for U3A.

Barb Ritchie at a recent Regional Meeting.
DIARY DATES 2016

MAY
25  1.30pm Social Gathering
    “Sound of Many Paws”

JUNE
22  1.30pm Social Gathering—Drama Group
25  Melbourne Heritage Tour
28  Catastrophes Waiting to Happen (new date)

Quick reference—What’s in this Buzz?

Report from the President, page 1-3
Report from Course Co-ordinator, page 4-5
Technology Information, pages 6-8
Camino information, page 9
Walkers information, pages 10-11
Gardening notes, pages 12

Maureen Connelly (mconnelly3551@gmail.com)
On behalf of the Committee I take pleasure in presenting to all members the 2015 report.

Who knew it could be so much fun – I have been supported by a very able and helpful committee of management which has ensured a very active and fulfilling year. I take this opportunity to thank the members of the committee and my support crew in the office in particular Jean Thompson, Bronwyn Dixon, Lex Milne and our Minute Secretary Megan McCallum. Our Course Co-Ordinator Keith Thompson has delivered a variety of courses and short courses which have been well attended and I congratulate and thank Keith. We have delivered 23,448 hours of courses and activities for 2015. None of these hours would have been achievable without our outstanding course convenors and leaders and I thank them for their contribution efforts.

2015 was started with enrolment day which was well attended and we saw an influx of new members. In February the Bush Walking group had a trip to cradle mountain and the group organised a Wilson Prom trip later on in the year. Walking for fitness has also been busy on trips and interesting activities. March quickly followed with our 25th Anniversary celebrations enjoyed by all who attended. The history of U3A for those 25 years was put together and released during the celebrations. We must thank Past President Alison and her helpers for all their hard work in putting the history together and for organising the celebrations. April was of course our 2015 AGM and the election of all office bearers etc.

May was the Loddon Mallee Regional meeting held at St. Mary’s with representatives from all U3A groups throughout the region attending. June we hosted a New Members morning tea and of course a Trip to Norfolk Island. July/August new courses started and saw our own Mark King complete the Kokoda Track adventure. The Network conference was in Melbourne. This conference celebrated 30 years of U3A. It was my pleasure to attend the conference with Barb Ritchie and Michael Gallagher. Michael Gallagher initiated the TAG working group (see Michaels report). I would like to thank Michael and his team for all the outstanding work completed in 2015. The first planning Day for the Digital Day Out was held in October with representation for other U3A groups within our region. The rest of the year was taken up with our Open Day in October, Chicken and Champagne Oaks Day luncheon at Barb Ritchie’s place. Big thank you to Barb for providing her home and for organising this wonderful day. We had a course convenors meeting in November which assisted the committee in formulating the 2016 prospectus etc.

Our year ended with our Christmas concert – a very enjoyable afternoon was had by all. Thank you to all those who entertained us and attended. As you will see from the Treasurers Report we were awarded a 3 year Partnership Grant from the Greater City of Bendigo and a further Grant for the Summer School. We thank the Council for their continued support. I would also like to thank Wilf Savage for his work on these grant applications.

During the year we were also able to reach out to other groups in the community such as Benetas Kangaroo Flat, Benetas Eaglehawk, BUPS,
Strathhaven and Bentleys and invite them to our Christmas Concert and develop an ongoing relationship with them. This further enhanced our Positive Ageing Agenda and we saw the enjoyment on the faces of those who attended.

Our trading table was very successful in 2015 raising just over $1000.00. I would like to acknowledge and thank John Macneil, Helen McIntyre and Anne Sanderson for all their hard work and also thank those who donated goods throughout the year.

Our Buzz magazine has been very ably developed by our Buzz Editor Maureen Connelly and I pass on our thanks and appreciation for her continued hard work.

Finally I would like to thank all members for their support and continued attendance and wish them a very successful 2016.

Jill McArthur
President

Welcome to U3A Bendigo!!

We extend a very warm welcome to our most recent new members:

Robin Bragg, Susan Bragg, Carolyn Browne,
Lewis Gough, Brian Cole, Bruce Keeling,
Rosemary Keeling, Noela Lester
and Margaret Becher.
ANNUAL GENERAL MEETING 27TH APRIL 2016 – ELECTION RESULTS:

President: Jill McArthur
Vice President: Wilf Savage
Secretary: Graham Robinson
Treasurer: Mark King
Course Coordinator: Alison Oppermann
Committee Members: Michael Gallagher
Marion Richardson
Barb Ritchie
Megan McCallum
Joy Crabtree

Working Groups:
Course Coordinating Team: Alison Oppermann (Co-Ordinator)
Wilf Savage
Lex Milne
Finance Working Group: Mark King
Jill McArthur
Membership Management: Jill McArthur (Co-Ordinator)
Bronwyn Dixon
Lex Milne
Technology Advisory Group: Michael Gallagher (Co-Ordinator)
Lyn Goodall, Anton von Sierakowski,
Jan Govett, Sue Nuttall
Website Management: Anton von Sierakowski (Programmer)
Proof Readers: Beverley Penwill, Bronwyn Dixon,
Harold Allen
Technology Support Team: Michael Gallagher (Co-Ordinator)
Harold Allen, Cilla Brady, Lyn Goodall, Jan Govett,
Christine Haddrick, Geoff Ireland, Sue Nuttall,
Beverley Ormerod, Helen Reeves, Mick Sheridan,
Ray Tampion, Chris Vigor
Catering Team: Jean Thompson (Co-Ordinator)
Marion Richardson, Trish King, Marg Sheridan,
Maureen Connelly
Trading Table Team: John MacNeil, Helen McIntyre, Anne Sanderson
Buzz Editor: Maureen Connelly
Buzz Folding Team: Judy Johnson (leader) together with Joan, Jan,
Bev, Estelle, Trish, Anne and Bridget
Library Team: Barb McDougall and Dorothy Houlden

Many thanks to all those who have been so willing to contribute their time for the betterment of U3A Bendigo. If any Member would like to be involved in any of the working groups please contact me.

Jill McArthur President
SHORT COURSES
FUTURE ENERGY  Brian Stanmore: 5449 3742
Tuesday June 7th-21st in R1 10:00 – 12:00
A three week course on energy, its applications, its generation and consumption in our society, and on likely future developments.
June 7th: What is energy, where do I use it, how much do I use and when, where does it come from?
June 14th: Alternative energies - solar, wind, geothermal, tidal, likely applications
June 21st: Waste combustion, Batteries, Nuclear energy, Social and political considerations for a likely energy mix.

CATASTROPHES WAITING TO HAPPEN:
John Neil
Tuesday 28th June in R1
10:00-12:00:
Catastrophes and disasters!!!
The presentation will first deal with the underlying causes of these geological occurrences, showing the inter-relationships which show how they are connected. Then the outcomes will be discussed, the scientific, economic and humanitarian responses will be considered. At a later date it is planned to continue the investigation with floods and destruction following hurricanes and tornadoes.

BASIC SCIENCE: Graeme Balaam 5443 3017
Tuesdays Jul 5th, Jul 12th, Jul 19th in R1 10:00 – 12:00
Why is the sky blue? How do rainbows form? How do our eyes work?
This is a series for people who do not consider they have a science training but who are inquisitive, and like to find out about the wonderful world they live in.
Wherever possible the “scientific method” will be discussed, and the interrelation between topics will be investigated.

COMING UP
July 26th: You Too Can Walk the Camino to Santiago De Compostela!  - Diane McDonald
September 30th – October 4th: Watercolours – Judy McGrath
October 11th – Nov 22nd: The Brothers Grimm – Michael Gallagher

NEW ACTIVITIES/CONVENORS
CREATIVE WRITING
Brian Cole has offered to convene a creative writing group at the same time and place as Estelle’s group. This is on the 1st, 3rd and 5th Fridays from 10am to 12pm in Room 2. Please read the item in this BUZZ.

CHAIR EXERCISES FOR OVER 80S
Patricia Reynolds has offered to convene chair exercises for the over 80’s. Time and place to be decided. Please read the item in this BUZZ.
WANTED ACTIVITIES

YOGA
Have members - Convenor wanted.

Any member who has the skill to teach or take a group through yoga please ring me on 44331138 or 0429091048

CONVENORS CORNER

The course coordination team are planning a lunch for convenors in July. The purpose is to get together to share ideas and information. Suggested time and date is 12.00 to 1.00 on Wednesday 27th July before the social gathering. Please let me know if you think that this is suitable.

Alison Oppermann
Course Co-ordinator

Lovers of serious music had a rare treat on Tuesday, 4 May, when Zoe Knighton, cellist with the visiting Flinders Quartet, regaled us with a talk on the Beethoven String Quartets of his early and middle periods.

Zoe's focus was on the way Beethoven in his Opus 18 works used the form established by Haydn and Mozart - chamber works of formal beauty and refinement - and then developed and expanded the form and content in his own inimitable way.

In his middle period quartets, he began to “break the rules”, exploring a much wider range of keys, surprising and exciting development of motifs, huge dynamic forces, the expression of power, passion, and despair. This led the musical world into what became known as the Romantic Period.

Zoe shared her love of and involvement with these works using brief recorded excerpts, and demonstrated some technical points on her cello.

The Flinders Quartet will be performing at the Art Gallery on 27 May.

Nola McIvor.

WATERCOLOUR

If you ever thought that you would like to paint but never had the time this short course may be for you. An introduction to Watercolour showing some basic techniques and tips in using this wonderful medium and some information about paper, brushes and pigment. Come and join in exercising the left side of your brain and have fun in the process.

From Judy McGrath
The Technology Support Team (TST) offers a comprehensive set of Learning About Your Technology (LAYT) sessions and meets monthly to plan ahead. Details of current offerings are published monthly in The BUZZ and are posted on the website at: http://www.u3abendigo.com/layt

Every effort is made to adhere to the schedule announced in The BUZZ, however, please check the notice on the website for possible changes.

To register for a session, please contact the Session Leader detailed in the list below. For more information, to suggest a particular session, or to offer to join the team, please contact a Technology Support Team member or the TST Convener: Michael Gallagher, email: michael@migall.net mobile: 0408 397 448.

Computers for Beginners
Every Monday, 1:00 to 3:00, Office, St Mary’s
One-to-one assistance for beginning computer users. For more information contact Tom Dewhurst, Phone 5444 1232

Computer Users Group (Monthly, 3rd Tuesday)
Tuesday 17th May, 1:00 to 3:00, Room 1, St Mary’s
This group will meet on the third Tuesday of each month for the rest of the year. For more information email Lyn Goodall, goodalllyn@gmail.com

Windows 10 Upgrade Workshop
Friday 20th May 2:15 to 4:00 pm. Room 2, St Mary’s, a third session added at the request of attendees to the two-session workshop (Mon 21st March and 11th April). Members share experiences and assist each with problem solving relating to upgrading to Windows 10. For more information, contact Michael Gallagher: email: michael@migall.net, mobile: 0408 397 448. A repeat series of these workshops will commence on Fri 10th June. See below.

Apple iPad Users Group (Monthly, 1st Friday)
Friday 3rd June, 12:00 to 2:00, Room 2, St Mary’s
This group meets on the first Friday of each month throughout the year. All welcome as we will try to cater for all levels of experience. Bring your lunch and device. For further information ring Geoff Ireland 0427 054 175. Email: geoff_ireland@yahoo.com

Android and Windows phone and tablet Users Group (Normally, 2nd Monday)
Moved forward this month to avoid Queen’s Birthday public holiday
Monday 6th June, 2:15 to 4:00, Room 2, St Marys
This group meets on the second Monday of each month throughout the year. All welcome as we will try to cater for all levels of experience. Bring your device. For more information, contact Michael Gallagher: Mobile: 0408 397 448; Email: michael@migall.net

Technical Support Team Planning Meeting
Tuesday 7th June, 4:00 pm. Room 1, St Mary’s
Monthly planning and review meeting of the Technology Support Team. New members welcome. For more information or to suggest session topics or provide
Windows 10 Upgrade Workshop (repeat series)
Friday 10th June, Friday 24th June, 2:15 to 4:00 pm. Room 2, St Mary’s
A two-session workshop in which members share experiences and assist each with problem solving relating to upgrading to Windows 10. For more information, contact Michael Gallagher: Mobile: 0408 397 448; Email: michael@migall.net

Digital Photography File Management and Editing
Friday 17th June 2:15 to 4:00 pm. Room 2, St Mary’s
Lyn Goodall will discuss transferring files from cameras and phone to a PC options for organizing photo files and ways editing digital photo files. For more information email Lyn Goodall, goodalllyn@gmail.com

Computer Users Group (Monthly, 3rd Tuesday)
Tuesday 21st June, 1:00 to 3:00, Room 1, St Mary’s
This group meets on the third Tuesday of the month. For more information email Lyn Goodall, goodalllyn@gmail.com

Photobooks Workshop
Monday 27th June, 9:00 am to 10:15 or 2:15 pm to 4:00
Yvonne Scouller has been creating Photobooks for years—she makes them for all sorts of purposes: gifts for friends or relatives; mementos; life records; retirement presents; story books for grandchildren, etc.. Yvonne ran this workshop at the Summer School and repeated it at the Digital Day Out. To meet further demand she is running it again. She will take participants, step by step, through all the processes required to produce a professional-looking, full-colour Photobook: deciding the purpose of a book; the equipment required—a computer and an Internet connection; transferring photos to the computer; editing photos (cropping, enhancing, etc.); setting up a Snapfish account; choosing the book format (size, orientation, cover type, etc.); arranging photos in the book; adding text; sending the completed book for printing and binding. She will display a range of completed Photobooks and give details of costs and payment methods. She will also discuss options for making various other articles such as photos on fabrics, mugs, glassware, etc. There will be time for participants to examine Photobooks and ask questions. For more details and to register for the workshop, please email Yvonne at: yvonne@mandurang.com

Yvonne plans to follow up, on a date to be announced, with a second workshop aimed at members who have created Snapfish accounts and produced their photobooks and are keen to discuss experiences, air any problems encountered and display the products of their endeavours.

Home Network 8-session Workshop (repeat series)
Friday 1st July* to Friday 19th August, 2:15 to 4:00 pm, Room 2, St Mary’s
Michael Gallagher will run a set of practical workshops on setting up and managing a home media network. Numbers are capped at 8 to ensure personal attention. Details, at: http://www.u3abendigo.com/lan_workshop
To register or discuss details, email or phone Michael: michael@migall.net, mobile: 0408 397 448.
(*Note: Not Friday 27th May as originally announced.)
Best Wishes Mick Sheridan

Since the start of the year, the Technology Support Team and members generally have enjoyed the benefits of Mick Sheridan’s knowledge and enthusiasm. Health concerns have forced his resignation from the team. We will greatly miss being able to draw upon his expertise and experience and his practical approach to problem solving.

From all of us, Mick, thanks for your support of our efforts over the past few months, especially for your work on the Digital Day Out and for getting the Android Phone and Tablet users group off to a fine start. Every best wish for a return to full health.

The Android Phone and Tablet users group will continue to meet. We are seeking out someone else to run it.

Michael Gallagher
Technology Support Team Convenor

Gentle Chair Exercises
Convenor: Patricia Reynolds 12.15-1.15pm Tuesday weekly
These exercises are designed for older people who are having problems with balance and also other means of exercising. It is important for both physical and mental health to take regular exercise to keep oxygen and energy levels at an adequate level. These exercises will help restore energy levels and strengthen those muscles which may not be supporting you as well as you would like.
All exercises are done on a chair or beside the chair to give confidence and support
We will meet for one hour per week between 12.15 pm and 1.15pm on Tuesdays. Wear comfortable clothing and flat shoes or gym shoes.
Phone Patricia : 54444515 if you wish to join the group

RADIO PLAYERS
We are certainly off to a good start this year. Already 2 gigs and another in the pipe line.
We are sorry to lose some of our new members, but this happens and we understand that other commitments can catch up with us. [Did someone mention retirement??] So we do have some spare spots if you would like to join us. We would also love to hear from anyone who would like to help out with the sound effects. Come on, don't be shy!!
Looking forward to catching up with you all on June 7th at 1-30 pm.

... Evelyn ...
YOU TOO CAN WALK THE CAMINO TO SANTIAGO DE COMPOSTELA!

Session description

Walking long distance to Santiago de Compostela is becoming increasingly popular. Most ‘Wayfarers’ follow the Camino Frances’, many walking 800kms from the Pyrenees. But for over a millennium countless thousands have arrived in Santiago via other Camino routes! Not everyone has the stamina to carry a heavy backpack, nor do they want to arrive in the historic city footsore. Their days of sleeping in noisy dormitories and cooking in group kitchens are over! The good news is—there ARE other ways to be part of the Camino experience.

This session provides historical and current day background information about the Camino; introduces participants to a number of the more tranquil and picturesque Pilgrim pathways that lead to Santiago de Compostela, and includes useful insights to assist participants to prepare for a journey along The Way. By the end of the workshop participants will:

♦ Appreciate the history and significance Camino  
♦ Have some idea of the various trails that lead to Santiago de Compostela  
♦ Be inspired to believe that they too can be part of the Camino experience.

Diane McDonald has over 35 years experience in the fields of community and international development; cross-cultural adult education; and program design and evaluation. She has travelled extensively in Europe, Latin America, the Pacific and Asia. During the last 5 years, Diane has walked over 2,000km along several lesser-travelled Camino trails in Portugal and Spain.

In 2009 Diane lived for three months in Spain and Portugal. During this time she discovered that there are many ancient and picturesque pilgrim trails that lead to Santiago de Compostela. She discovered that it is possible to make this journey without the need to carry a heavy backpack, sleep in crowded dormitories and arrive footsore. She became a passionate advocate of supported Camino walking, encouraging people in a similar and even more mature age group to believe that they are not ‘too old’ to join in this amazing experience.

For further information contact: Diane McDonald  
Mobile: 0404 417 485  
Email: dianemcdonald@keypoint.com.au
**CLASS NOTES**

**HIKERS—JUNE 2016**
Convenors:  
Sherrill Hayes  0439 421940  
Bronwyn Dixon  0499 219375

June 2nd.  Shicer Gully.  

Jne 9th  
Pilchers Bridge NCR. 12 kms, easy/med. Track may be moderately rocky and steep in places. Car pool required. Bring lunch. Meet Strathfieldsaye shopping centre car park opposite Braidies tavern. Led by Anne Bridley

**June 16th**  
Inglewood-Bridgewater:  
Bullabul Walk/Cycle Track. 14kms, easy.  

**June 23rd**  
3 Lost Childrens Walk  

**June 30th**  

**BUSH WALKERS**
Convenors:  
Jill & Graeme Balaam  
5443 3017

All walks begin at 8.30am from the meeting places listed.

**Thursday 2nd June**  
Bendigo Creek Streamside Reserve Walk, Huntly. Led by Ron Nixon (5443 4432) Meet at the Scott St side of the White Hills Botanical Gardens. Approx 7kms, easy to medium. Lunch not needed.

**Thursday 9th June**  
Tarnagulla Goldfields Walk. Led by Lyn Stevenson. (5441 2137). Meet at The Schweppes Centre Carpark, Inglis Street. Approx 7kms. Medium. Could take lunch or buy it at the coffee shop-the Newbridge Store.

**Thursday 16th June**  
Diamond Hill Walk. Led by Bev + Ellis Ormerod. (5443 4040). Meet at Burnside Street, off Paterson St just south of the Bendigo Cemetery. Approx 6km walk, medium grade. No lunch needed.

**Thursday 23th June**  
Guildford Plateau Walk led by Joy Clusker. (5439 5682) We will be given a talk on the area by Max Kay. Meet at the Kangaroo Flat Gardens,Camp St. 6-7 kms. Medium Grade. Bring lunch.

**Thursday 30th June**  
Mt Ida Walk. Led by John McKinlay. (5446 8398) Meet at the car park, Reservoir Rd, near McIvor Rd. Medium to hard grade. 7.5kms, 4 hours. Some rocky, steep and off track walking. Need lunch.

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**ART & TEA**  
Wed, 15th June at 10am  
The speaker will be Jane Guy.  
Jane is a Marilyn Munro memorabilia collector and ex-president of the Marilyn Munro Fan Club in Australia.

For or further details please contact Val Wellings on 5441 1721
U3A WALKING FOR FITNESS
JUNE 2016
All walks are about one hour duration and at a brisk pace, covering approx. 5km. Please carry water. New members are always welcome. Coffee and a chat on completion of our walks are usual. For further information please phone either of the conveners.
Monday walks convener:
Tricia King 54411953, mobile 0439824833
Thursday walks convener:
Jill Russell 54395586, mobile 0407395586

JUNE THURSDAY WALKS 9.30am
2nd WILDFLOWER DRIVE WALK led by Jeffrey and Rex
Meet at Wildflower Drive, next to ASQ Quarry site, McIvor Highway, Strathdale.
Coffee at Café Fresh area, Strath Village.
9th WHITE HILLS CREEK WALK led by Liz and Robert
Meet at the White Hills Botanical Gardens, Scott Street, White Hills.
Coffee at Bendigo Pottery, White Hills.
16th O’KEEFE RAIL TRAIL PATH WALK led by Maree. Meet at Mayfair Park carpark. Entrance off McDowells Rd (off Strickland Rd), East Bendigo.
Coffee at Mayfair Complex Café, East Bendigo.
23rd STRATHDALE STREET WALK led by Jacques and Fran.
Meet at Strath Village carpark (traffic lights end), Strathdale.
Coffee at Hashtag.
30th STRATHFIELDSAYE PATHS and STREETS WALK led by Robyn
Meet Strathfieldsaye IGA carpark, Strathfieldsaye.

Coffee at Strathfieldsaye Bakery
Monday Walks start at 9.30am for June
Meet at Lake Weeroona car park, Napier Street entrance (next to the railway line).
Coffee at the Boardwalk Café.

Public Holiday: Monday June 13th.
Meet at the White Hill Botanical Gardens, Scott Street, White Hills. Coffee The Bendigo Pottery.

THURSDAY LUNCH CLUB
The Windermere Hotel at Kangaroo Flat.
12 for 12.30pm on Thursday 2 June.
Please ring Maureen 5442 3266 by Monday 30 May if you are coming so we get the numbers right.
If you put your name on the list at the last meeting please let me know if you are unable to come.

WHAT’S FOR LUNCH?

U3A Bendigo Aerobics for Seniors
Aerobics is fun exercises to good music, done at a moderate pace. Classes are held on Monday and Thursday mornings at the Soccer Pavilion, Spring Gully 11.15am to 12.00 noon.
Enquiries to Inez Grigg 5443 8638
GARDENING AND GROWING THINGS
Well, another wonderful morning, our visit to the Grand Stupor, it was an amazing experience!! The size of this complex is astounding. The gardens are so beautifully laid out, the rock work, the garden design, everything so meticulous. And the Grand Stupa, the foresight of the original planner of this complex, the work that has gone into this building, not as yet finished is something to see. Thanks must go to our tour guide Elisha for her articulate explanation of this beautiful place, including its expansion in the future, (and for supplying our morning tea)!! At some time in the future this will be Bendigo’s most popular attraction.

Our next garden meeting will be at 10am on May 28 at the home of Yvonne Scouller. Alan Windust will talk to us about compost and the value of having worms in your garden. Alan is a well known identity in the field of horticulture, he has written papers and books on these subjects, he also has a particular interest in the subject of bushfires in our region. Yvonne suggests we park in Ronald Drive Mandurang, (the Mandurang Valley Winery is on the corner)然后 car pool to her property in Dyson’s Rd, meaning fewer cars at her place.

Happy gardening, Barb and Yvonne 5447 7521

Guest speaker—May and June
1.30pm Wednesday May 25th
At our gathering at St Mary’s Kangaroo Flat, we will welcome the sound of many paws and their guides, Anne, Christine and their supervisor. They will tell us of the trials and tribulations of raising puppies as future guide dogs.

1.30pm Wednesday June 22nd
Our Social Gathering will once again include our very talented Drama group. They would appreciate your attendance as they are in serious need of an audience to practise on. You might even be convinced that this activity is what you have been looking for, you are very welcome to join the group. The afternoon will also include some very interesting talks from several of our course leaders.

Creative Writing
The Creative Writing Group will offer the opportunity to express yourself in words in a non-judgemental environment and seek to provide encouragement and stimulation for your writing. Prose or poetry, haiku or even the limerick it is up to you. Each session will include the reading of prepared pieces and some short writing tasks that can be read to the group. It is not intended to provide formal criticism or develop professional writers rather the group will foster creativity for its members. So if you enjoy writing or think you might then you would be welcome.

The group will be limited to 12 participants to allow members the opportunity to present their work in the time available.
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<th>DAY</th>
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<td>Committee</td>
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<td>9.30am (Mar-Nov)</td>
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<td>11am-12n</td>
<td>Cryptic Crosswords for Beginners</td>
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<td>Tom Dewhurst 54441232</td>
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<td>1.30pm-3.30pm</td>
<td>Euchre</td>
<td>Room 1</td>
<td>Week 2 &amp; 4</td>
<td>Carolynn Smith 54496633</td>
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<td>1.30pm</td>
<td>Radio Players</td>
<td>Room 1</td>
<td>Week 1</td>
<td>Evelyn Wood</td>
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<td></td>
<td>2pm</td>
<td>Embroidery</td>
<td>Bgo Village</td>
<td>Weekly</td>
<td>Pat Campbell 54439660</td>
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<td></td>
<td>8.30am</td>
<td>Bush Walking</td>
<td>Various</td>
<td>Weekly</td>
<td>Walkers Graeme Balaam 54433017</td>
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<td>9.30am</td>
<td>Walking for Fitness</td>
<td>Various</td>
<td>Weekly</td>
<td>Jill Russell 54395586</td>
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<td></td>
<td>10am-11.30am</td>
<td>Music for Pleasure</td>
<td>Room 1</td>
<td>Week 2 &amp; 4</td>
<td>Jo Johnson 54423087</td>
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<td></td>
<td>10am-12n</td>
<td>Monthly Book Club</td>
<td>Room 2</td>
<td>Week 3</td>
<td>Mary Tuohey 0407565967</td>
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<td>Monthly Book Club</td>
<td>Room 1</td>
<td>Week 3</td>
<td>Sue Nuttall 54416229</td>
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<td>Aerobics for Seniors</td>
<td>Soccer Pav.</td>
<td>Weekly</td>
<td>Inez Grigg 54438638</td>
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<td>Cryptic Crosswords</td>
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<td>Weekly</td>
<td>Jean Cockerell 54422195</td>
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<td>Thursday Lunch</td>
<td>Various</td>
<td>1st Thurs</td>
<td>Maureen Smith 54423266</td>
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<td>Chess</td>
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<td>Weekly</td>
<td>Ron Attrill 54426465</td>
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<td>2pm</td>
<td>PANDI games</td>
<td>Convenor</td>
<td>Week 1 &amp; 3</td>
<td>Nola McIvor 54426465</td>
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<td>2pm-4pm</td>
<td>Poetry Appreciation</td>
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<td>Week 2 &amp; 4</td>
<td>Alison Ross 54469129</td>
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<td>Buzz folding</td>
<td>Room 2</td>
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<td>Judy Johnstone 54431459</td>
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<td>Lyn Goodall 0418587102</td>
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<td>Tai Chi introduction</td>
<td>St Marys Hall</td>
<td>Weekly</td>
<td>Alison Oppermann 44331138</td>
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<td>10am-12n</td>
<td>Visiting Gardens &amp; Growing Things</td>
<td>Convenors</td>
<td>Week 2 &amp; 4</td>
<td>Barb Ritchie 54477521</td>
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<td>10am-12n</td>
<td>Creative Writing</td>
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<td>1st, 3rd &amp; 5th</td>
<td>Brian Cole 0407 236 035</td>
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<td>1.30pm-3.30pm</td>
<td>Musical Instrument Gp</td>
<td>Room 2</td>
<td>Weekly</td>
<td>Jean Cockerell 54422195</td>
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</table>
U3A Bendigo

Shared Learning in Mature Years

Daytime Classes and activities
to keep your mind and your body active in your life’s Third Age.